

Institute for integrative psychotherapy and counselling Ljubljana

TRAINING IN SUPERVISION

November, 12-16, 2025 and January, 21-25, 2026
Ljubljana, Slovenia

Course leader: Maša Žvelc

Trainers: Maša Žvelc, Gregor Žvelc, Edward C. Watkins

The course is based on an integrative relational approach to psychotherapy supervision (Gilbert & Evans, 2008; Erskine, 2015; Žvelc, 2017), as well as on mindfulness- and compassion-oriented integrative supervision (Žvelc & Žvelc, 2024), and contemporary theory and research on supervision (Watkins, 2020, 2024). This course builds on previous trainings led by Joanna Hewitt Evans and the late dr. Ken Evans (recipient of the Maslow Award for Contributions to Psychotherapy, 2015). It is a transtheoretical training programme open to psychotherapists and counsellors from various psychotherapy approaches.

The course consists of **two five days workshops**. Workshops cover the following themes and concepts:

- Models of supervision and supervision processes
- Supervision alliance and working with alliance ruptures
- Methods and techniques in supervision
- Emotional and body/ physiological dimensions in supervision
- Emotional and physiological regulation in supervision
- Mindfulness-oriented supervision interventions
- Working with self-compassion in supervision
- The role of unconscious processes, shame and nondisclosure in supervision
- Supervision and self-care
- Anti-oppressive practice, culture, ecology and the transpersonal
- Ethical dilemmas and the role of the supervisor.

Both workshops will combine theoretical input and experiential work.

The training leads to **Diploma in Supervision**, awarded by the Institute for Integrative Psychotherapy and Counselling. The course is accredited by the European Association for Integrative Psychotherapy (EAIP) (<https://www.euroaip.eu/eaip-accredited-supervision-programs>) and leads to the EAIP supervision certificate (for psychotherapists who are ECIP holders). The course also provides hours of supervision within the International Integrative Psychotherapy Association (IIPA) and European Association for Transactional Analysis (EATA).

The course is **recommended for** qualified and experienced psychotherapists from different psychotherapy approaches, normally three years post-qualification.

For more information please visit www.mcip.eu

WHEN:

The course is run over two five-day modules:

1st module: **November, 12-16, 2025**

2nd module: **January, 21-25, 2026**

Both modules will run from Wednesday to Sunday from **9 a.m. to 5 p.m.**

WHERE

Institute for Integrative Psychotherapy and Counselling, Stegne 7, 1000 Ljubljana, Slovenia

The training will also include online modules.

FEE

€1,800 + 22% VAT **Total: €2,196**

Please, send your application before the **30 September 2025** via e-mail to

✉ prijave@ipsa.si

Include the following information in your application: *Name, Professional title, Contact address, E-mail address, Phone number, Professional experiences and Motivation for attending the course.*

After receiving your initial application, we will provide you with further details regarding the registration process.

COURSE TRAINERS

Assist. Prof. Maša Žvelc, PhD, Integrative Psychotherapist (EAIP, IIPA), International integrative trainer and supervisor (IIPA, EAIP; EUROCCPS). She is a director of the Institute of Integrative Psychotherapy and Counselling (Ljubljana, Slovenia), where she leads accredited training program in supervision. Maša is also an Assistant Professor of Psychology at the University of Primorska.

Prof. Gregor Žvelc, PhD, clinical psychologist, co-founder of the Institute of Integrative Psychotherapy and Counselling. He is an International Integrative Psychotherapy Trainer and Supervisor (IIPA) and Teaching and Supervising Transactional Analyst (EATA). He is a full professor at the Department of Psychology (University of Ljubljana).

Maša Žvelc and Gregor Žvelc are co-authors of two books published by Routledge:

- [*Mindfulness and Compassion in Integrative Supervision* \(2024\)](#)
- [*Integrative Psychotherapy: A Mindfulness- and Compassion-Oriented Approach* \(2021\)](#)

Prof. Dr. Edward C. Watkins is a Professor of Psychology at the University of North Texas. He is a certified integrative psychotherapist, supervisor, and trainer (with EAIP). He is a leading international author and expert in the area of supervision. His works, among others, include:

- [*Handbook of Psychotherapy Supervision* \(1997\)](#)
- [*The Wiley International Handbook of Clinical Supervision* \(2014; with Derek Milne\)](#)
- [*Competency-Based Training for Clinical Supervisors* \(2023; with Loredana Viscu and Ioana Eva Cădariu\)](#)